

PULSE

CMAAC
FINANCIAL & HEALTHCARE CONSULTING

Dr. Pikkie Kok

FINANCIAL & HEALTHCARE ADVISOR

145 D'Almeida Street, #02-01, Singapore 111562. P: 65 6334 1111. F: 65 6334 1112. E: info@cmaac.com.sg

Hospital list: Pulse options 2019/2020

Contents

1. Gauteng	3
2. North West	5
3. Free State	5
4. Limpopo	6
5. Mpumalanga	7
6. Kwa-Zulu Natal	7
7. Eastern Cape	8
8. Northern Cape	9
9. Western Cape	10

NETCARE HOSPITAL

Town	Hospital	Prac No.	Group	Description
Alberton	Clinton Hospital	5708877	NET	General Hospital
Alberton	Union Hospital	5804981	NET	General Hospital
Alberton	Optimed Eye Clinic	7700903	NET	Ophthalmology
Benoni	Optiklin Eye Hospital	5708923	NET	Ophthalmology
Benoni	Lakeview Hospital	5709121	NET	General Hospital
Benoni	Linmed Hospital	5808588	NET	General Hospital
Boksburg	Sunward Park Hospital	5808227	NET	General Hospital
Boksburg	Boksburg Medicross	7700741	NET	Same-Day Surgical Centre
Bronkhorstspuit	Bronkhorstspuit Hospital	5808561	NET	Limited Disciplines Hosp
Germiston	Germiston Medicross	7700768	NET	Same-Day Surgical Centre
Johannesburg	Auckland Park Rehabilitation Hospital	0320102	NET	Rehabilitation
Johannesburg	Medicross Bergbron	0246743	NET	Same-Day Surgical Centre
Johannesburg	Linkwood Hospital	0112003	NET	General Hospital
Johannesburg	Garden City	5805988	NET	General Hospital
Johannesburg	Linksfeld Hospital	5808502	NET	General Hospital
Johannesburg	Milpark Hospital	5805090	NET	General Hospital
Johannesburg	Mulbarton Hospital	5808278	NET	General Hospital
Johannesburg	Olivedale Hospital	5808510	NET	General Hospital
Johannesburg	Park Lane Hospital	5803004	NET	General Hospital
Johannesburg	Rand Clinic	5804620	NET	General Hospital
Johannesburg	Rosebank Hospital	5806003	NET	General Hospital
Johannesburg	Sunninghill Hospital	5808413	NET	General Hospital
Johannesburg	Constantia Day Clinic	7700547	NET	Same-Day Surgical Centre
Krugersdorp	Protea Clinic	7700369	NET	Same-Day Surgical Centre
Krugersdorp	Krugersdorp Hospital	5808111	NET	General Hospital
Krugersdorp	Netcare Pinehaven Hospital	0604968	NET	General Hospital
Krugersdorp	Bell Street Hospital	5808731	NET	Limited Disciplines Hosp
Midrand	Waterfall City Hospital	0426024	NET	General Hospital
Pretoria	Stabilis Treatment Centre	43494	IND	Drug & Alcohol Rehab
Pretoria	Akasia Hospital	5808618	NET	General Hospital
Pretoria	Bougainville Hospital	5808952	NET	General Hospital
Pretoria	Jakaranda Hospital	5804116	NET	General Hospital
Pretoria	Montana Hospital	5809002	NET	General Hospital
Pretoria	Moot Hospital	5808286	NET	General Hospital

Town	Hospital	Prac No.	Group	Description
Pretoria	Pretoria East Hospital	5808855	NET	General Hospital
Pretoria	Unitas Hospital	5808138	NET	General Hospital
Pretoria	Femina Hospital	5804248	NET	Limited Disciplines Hosp
Pretoria	Constantia Park Medicross	7700733	NET	Same-Day Surgical Centre
Pretoria	Silverton Medical & Dental Centre	7700776	NET	Same-Day Surgical Centre
Springs	East Rand N17 Private Hospital	5809029	NET	General Hospital

GEOGRAPHIC COVER

Town	Hospital	Prac No.	Group	Description
Benoni	Ekurhuleni Sub-Acute Hospital	170496	LIFE	Sub-acute care
Boksburg	SANCA Horizon Alcohol & Drug Centre	0046035	IND	Rehabilitation
Centurion	Intercare Day Hospital Irene	492264	NHN	Same-Day Surgical Centre
Johannesburg	Fordsburg Day Clinic	7700083	NHN	Same-Day Surgical Centre
Johannesburg	Mayo Clinic	7700164	NHN	Same-Day Surgical Centre
Pretoria	Intercare Sub Acute and Rehabilitation Hospital - Irene	492256	NHN	Sub-Acute and Rehab
Randfontein	Lenmed Randfontein Private Hospital	674796	NHN	General Hospital
Vereeniging	Care Cure Vereeniging	110329	NHN	Sub-Acute and Psychs
Vereeniging	Vereeniging Medi-Clinic	5808081	MC	General Hospital

DISCIPLINE COVER

Town	Hospital	Prac No.	Group	Description
Alberton	Akeso Clinic - Alberton	434655	NET	Psychiatry
Benoni	Glynnview Psychiatric Hospital	422193	LIFE	Psychiatry
Johannesburg	SANCA Phoenix House	0056529	IND	Psychiatry
Johannesburg	Akeso Crescent Clinic Gauteng	0165034	NET	Psychiatry
Johannesburg	Akeso Clinic Parktown	455040	NET	Psychiatry
Lenasia	NISHTARA LODGE	0299693	IND	Psychiatry
Pretoria	Akeso Clinic - Arcadia	726419	NET	Psychiatry
Pretoria	SANCA Castle Carey	0106593	IND	Psychiatry
Pretoria	Vista Re-Integration Clinic	0200859	IND	Psychiatry
Pretoria	Denmar Specialist Psychiatric Hospital	5500001	NHN	Psychiatry
Pretoria	Vista Clinic	5500087	NHN	Psychiatry
Pretoria	Pretoria Eye Institute	5808421	NHN	Ophthalmology
Pretoria	Urolocare Hospital (ex Pretoria Urology Hospital)	5808847	NHN	Urology
Vereeniging	Ocumed	7700830	NHN	Ophthalmology

NETCARE HOSPITAL

Town	Hospital	Prac No.	Group	Description
Potchefstroom	Potchefstroom Medicross	7700784	NET	Same-Day Surgical Centre
Rustenburg	Ferncrest Hospital	5808391	NET	General Hospital

GEOGRAPHIC COVER

Town	Hospital	Prac No.	Group	Description
Klerksdorp	Anncron Clinic	5700159	LIFE	General Hospital
Mafikeng	Clinix Private Hospital Victoria	0223891	Clinix	Limited Disciplines Hosp
Potchefstroom	Potchefstroom Mediclinic	5808057	MC	Limited Disciplines Hosp
Vryburg	Vryburg Private Hospital	5808553	NHN	Limited Disciplines Hosp

DISCIPLINE COVER

Town	Hospital	Prac No.	Group	Description
Klerksdorp	Parkmed Neuro Clinic	5500176	NHN	Psychiatry
Klerksdorp	Sunningdale Hospital	5706696	NHN	Psychiatry
Potchefstroom	Multi Care Potchefstroom	90077	NHN	Psychiatry
Rustenburg	Rustenburg Medi-Care Rehab Centre	0417475	NHN	Psychiatry
Rustenburg	Peglarea Hospital	5808359	LIFE	Neurology

NETCARE HOSPITAL

Town	Hospital	Prac No.	Group	Description
Bloemfontein	Pelonomi Hospital	0195340	NET	State/Private Hospital using Netcare Systems
Bloemfontein	Universitas Private Hospital	131938	NET	State/Private Hospital using Netcare Systems
Kroonstad	Kroon Hospital	5808383	NET	General Hospital
Sasolburg	Vaalpark Hospital	5708745	NET	Limited Disciplines Hosp

GEOGRAPHIC COVER

Town	Hospital	Prac No.	Group	Description
Bethlehem	Corona Sub-Acute Hospital	0278386	NHN	Sub-acute care
Bethlehem	Hoogland Mediclinic	5808707	MC	Limited Disciplines Hosp

Bethlehem	Bethlehem Medical Centre	7700792	NHN	Same-Day Surgical Centre
Bloemfontein	Bloemcare	0287962	NHN	Sub-acute care
Bloemfontein	Medovs Sameday Surgical Centre	7700067	LIFE	Same-Day Surgical Centre
Bloemfontein	Citymed Day Theatre	7700938	NHN	Same-Day Surgical Centre
Frankfort	Riemland Clinic	5709105	NHN	General Hospital
Welkom	Welkom Sub Acute Hospital	512532	NHN	Sub-acute care
Welkom	Welkom Medical Centre	399337	NHN	Same-Day Surgical Centre
Welkom	Ernest Opperheimer Hospital	5808545	NHN	General Hospital
Welkom	Welkom Mediclinic	5808758	MC	General Hospital
Welkom	St Helena Hospital	5708532	NHN	General Hospital

DISCIPLINE COVER

Town	Hospital	Prac No.	Group	Description
Bloemfontein	Bloempsych	0366935	NHN	Psychiatry
Bloemfontein	Bloemfontein Eye Centre	225681	NHN	Ophthalmology

4 LIMPOPO

NETCARE HOSPITAL

Town	Hospital	Prac No.	Group	Description
Polokwane	Netcare Pholoso	603821	NET	General Hospital

GEOGRAPHIC COVER

Town	Hospital	Prac No.	Group	Description
Dennilton	Philadelphia Hospital	5705045	IND	Limited Disciplines Hosp
Louis Trichardt	Zoutpansberg Private Hospital	0253871	NHN	Limited Disciplines Hosp
Phalaborwa	Clinix Phalaborwa Private Hospital	0462802	Clinix	Limited Disciplines Hosp
Polokwane	Unicare Sub-Acute Facility	0269026	IND	Sub-acute care
Polokwane	Limpopo Medi-Clinic	5808189	MC	General Hospital
Polokwane	Limpopo Medi-Clinic Day Clinic	0603120	MC	Day Clinic
Thabazimbi	Curamed Thabazimbi	5709202	MC	General Hospital
Tzaneen	Tzaneen Medi-Clinic	132454	MC	General Hospital
Bela Bela	St Vincent's Hospital	5706548	IND	Limited Disciplines Hospital

NETCARE HOSPITAL

Town	Hospital	Prac No.	Group	Description
Nelspruit	Akeso Clinic Nelspruit	691429	NET	Psychiatry

GEOGRAPHIC COVER

Town	Hospital	Prac No.	Group	Description
Ermelo	Ermelo Medi-Clinic	5808863	MC	General Hospital
Kriel	Kriel Medical Centre	7700229	NHN	Same-Day Surgical Centre
Nelspruit	Lowveld Hospital	0463345	NHN	Same-Day Surgical Centre
Nelspruit	M Care Nelspruit	0109630	NHN	Sub-acute care
Nelspruit	Kiaat Private Hospital	0558818	NHN	General Hospital
Nelspruit	Nelspruit Medi-Clinic	5808340	MC	General Hospital
Piet Retief	Piet Retief Private Hospital	0812218	NHN	Limited Disciplines Hosp
Secunda	Secunda Medi-Clinic	7700261	MC	Same-Day Surgical Centre
Trichardt	Highveld Medi-Clinic	5807956	MC	Limited Disciplines Hosp
Witbank	Cosmos Hospital	5807980	LIFE	Limited Disciplines Hosp

DISCIPLINE COVER

Town	Hospital	Prac No.	Group	Description
Nelspruit	Lowveld Alcohol & Drug Clinic	107344	IND	Psychiatry

NETCARE HOSPITAL

Town	Hospital	Prac No.	Group	Description
Amanzimtoti	Kingsway Hospital	5808200	NET	General Hospital
Ballito	Alberlito Hospital	250562	NET	General Hospital
Durban	Parklands Hospital	5802466	NET	General Hospital
Durban	St Augustine's Hospital	5802563	NET	General Hospital
Durban	Umhlanga Hospital	5808936	NET	General Hospital
Durban	Bluff Medicross (DBN)	7700687	NET	Same-Day Surgical Centre
Durban	Malvern Medicross	7700695	NET	Same-Day Surgical Centre
Durban	Pinetown Medicross	7700954	NET	Same-Day Surgical Centre
Kokstad	Kokstad Hospital	174602	NET	Limited Disciplines Hosp
Margate	Margate Hospital	5808529	NET	Limited Disciplines Hosp
Pietermaritzburg	St Anne's Hospital	5808197	NET	General Hospital

Town	Hospital	Prac No.	Group	Description
Pietermaritzburg	Wembley House Sub-acute Hospital	672556	NET	Sub-acute
Pietermaritzburg	Akeso Clinic Pietermaritzburg	412155	NET	Psychiatry
Hillcrest	Highway Sub Acute	683361	NET	Sub-acute
Richard's Bay	The Bay Hospital	5808472	NET	General Hospital
Richard's Bay	Medicross Richard's Bay Day Hospital	0753203	NET	Same-Day Surgical Centre
Umhlanga	Akeso Clinic Umhlanga	615935	NET	Psychiatry
Umhlanga	Umhlanga Eye Institute	0654736	NET	Ophthalmology

GEOGRAPHIC COVER

Town	Hospital	Prac No.	Group	Description
Ladysmith	La Verna Hospital	5808235	LMH	General Hospital
Newcastle	Newcastle Private Hospital	5808871	MC	General Hospital
Newcastle	Newcastle Mediclinic Day Hospital	0767301	MC	Same-Day Surgical Centre
Nongoma	Nongoma Private Hospital	147362	NHN	GP staffed
Pongola	Pongola Hospital	5707803	IND	GP staffed
Port Shepstone	Hibiscus Private Hospital	5808901	NHN	General Hospital
Tongaat	Victoria Hospital	5708567	MC	General Hospital
Vryheid	Mountain View Hospital	5704162	IND	Limited Disc Hosp

DISCIPLINE COVER

Town	Hospital	Prac No.	Group	Description
Durban	Prydon Clinic T/A Africa Drug Rehab	470082	IND	Psychiatry
Durban	Lulama / SANCA Durban	0101125	IND	Psychiatry
Durban	Serenity Clinic	56634	IND	Psychiatry
Durban	St James Sub Acute Clinic	0237566	NHN	Sub-acute
Margate	Shelly Beach Day Hospital	0380059	NHN	Same-Day Surgical Centre
Margate	South Coast Recovery Centre	179221	IND	Psychiatry
New Hanover	Shikinah Care Centre	0103241	IND	Psychiatry
Pietermaritzburg	Pietermaritzburg Eye Hospitaal	0728586	NHN	Day Clinic
Underberg	Riverview Country Hospital	5709008	NHN	Psychiatry

7

EASTERN CAPE

NETCARE HOSPITAL

Town	Hospital	Prac No.	Group	Description
Grahamstown	Settlers Private Hospital	0348090	NET	Limited Disciplines Hosp
Port Alfred	Port Alfred Private Hospital	0328871	NET	Limited Disciplines Hosp
Port Elizabeth	Greenacres Hospital	5807875	NET	General Hospital
Uitenhage	Cuyler Hospital	5808642	NET	Limited Disciplines Hosp

GEOGRAPHIC COVER

Town	Hospital	Prac No.	Group	Description
East London	St Dominic's Hospital Rehabilitation Unit	0276359	LIFE	Rehabilitation
East London	St James' Hospital	5703816	LIFE	Same-Day Surgical Centre
East London	Beacon Bay Hospital	357669	LIFE	Limited Disciplines Hosp
East London	St Dominic's Hospital	5808294	LIFE	Limited Disciplines Hosp
East London	Life Health St. Dominics Sub-acute	313068	LIFE	Sub-acute care
East London	East London Private Hospital	5808448	LIFE	Limited Disciplines Hosp
Humansdorp	Isivivana Private Hospital	068386	LIFE	Limited Disciplines Hosp
Matatiele	Matatiele Private Hospital	0282820	NHN	GP staffed
Mdantsane	Mdantsane Private Hospital	0384046	IND	Same-Day Surgical Centre
Mthatha	Mthatha Subacute Hospital	0419869	NHN	Sub-acute care
Mthatha	St Mary's Private Hospital	5700167	LIFE	General Hospital
Queenstown	Queenstown Private Hospital	5709156	LIFE	Limited Disciplines Hosp

DISCIPLINE COVER

Town	Hospital	Prac No.	Group	Description
East London	East London Eye Hospital	475696	NHN	Ophthalmology
East London	St Mark's Clinic	5500141	LIFE	Psychiatry
Port Elizabeth	Huntersraig Hospital	5500168	LIFE	Psychiatry
Port Elizabeth	Medical Forum Theatre/Eye & Laser Institute	7700873	NHN	Ophthalmology

8 NORTHERN CAPE**NETCARE HOSPITAL**

Town	Hospital	Prac No.	Group	Description
Kimberley	Kimberley Day Theatre Narco Clinic	0654728	NET	Same-Day Surgical Centre
Upington	Kalahari Day Theatre - Cataract and Eye Centre	0654728	NET	Same-Day Surgical Centre

GEOGRAPHIC COVER

Town	Hospital	Prac No.	Group	Description
Hartswater	Jane Keyser Clinic	0455997	NHN	Maternity only
Kathu	Lenmed Health Kathu Private Hospital	0580619	NHN	Limited Disciplines Hosp
Kimberley	Kimberley Medi-Clinic	5808049	MC	General Hospital
Upington	Upington Medi-Clinic	5808804	MC	Limited Disciplines Hosp

NETCARE HOSPITAL

Town	Hospital	Prac No.	Group	Description
Cape Town	Blaauwberg Hospital	0253863	NET	General Hospital
Cape Town	Christiaan Barnard Memorial Hospital	5807778	NET	General Hospital
Cape Town	Kuils River Hospital	0088978	NET	General Hospital
Cape Town	N1 City Hospital	5808537	NET	General Hospital
Cape Town	UCT Private Hospital	0071730	NET	State/Private Hospital using Netcare Systems
Cape Town	Ceres Private Hospital	5709032	NET	General Hospital
Cape Town	Monte Vista Clinic	0516473	NET	Same-Day Surgical Centre
Cape Town	Medicross Foreshore Day Hospital	0810304	NET	Same-Day Surgical Centre
Cape Town	Langeberg Medicross	7700709	NET	Same-Day Surgical Centre
Cape Town	Parow Medical & Dental Centre	7700717	NET	Same-Day Surgical Centre
Cape Town	Stepping Stones Addiction Centre	5500206	NET	Psychiatry
Cape Town	Tokai Medicross	7700725	NET	Same-Day Surgical Centre
Cape Town	Akeso Clinic - Milnerton	607053	NET	Psychiatry
Montrose	Akeso Clinic Montrose	481564	NET	Psychiatry
Cape Town	Kenilworth Clinic	5500117	NET	Psychiatry
George	Akeso Clinic - George	615021	NET	Psychiatry


GEOGRAPHIC COVER

Town	Hospital	Prac No.	Group	Description
Cape Town	Palm Garden Retreat - Helen Zille Wing	441120	NHN	Rehabilitation
Cape Town	Intercare Sub-Acute Hospital	267791	NHN	Sub-acute care
Cape Town	Mitchell's Plain Medical Centre	5807948	NHN	Limited Disciplines Hosp
George	Intercare George	0422460	NHN	Sub-acute care
George	Geneva Clinic	5709059	MC	Same-Day Surgical Centre
George	George Medi-Clinic	5807905	MC	General Hospital
Hermanus	Hermanus Medi-Clinic	5709091	MC	Limited Disciplines Hosp
Knysna	Knysna Private Hospital	5808960	LIFE	Limited Disciplines Hosp
Mossel Bay	Bay View Private Hospital	5808790	LIFE	General Hospital
Oudtshoorn	Klein Karoo Medi-Clinic	5808928	MC	Limited Disciplines Hosp
Oudtshoorn	Kango Clinic	7700431	NHN	Same-Day Surgical Centre
Paarl	Cure Day Clinic St Stephens Paarl	0468541	NHN	Same-Day Surgical Centre
Paarl	Paarl Medi-Clinic	5808251	MC	General Hospital

Town	Hospital	Prac No.	Group	Description
Cape Town	Constantiaberg Medi-Clinic	5807999	MC	Surgery - Group Pr4208293 ONLY
Somerset West	Heritage Manor - (Somerset West	285684	Other	Sub-acute care
Somerset West	La Clemence	393789	Other	Sub-acute care
Somerset West	Vergelegen Medi-Clinic	5808030	MC	General Hospital
Somerset West	Somerset Aesthetic Clinic	377929	NHN	Same-Day Surgical Centre
Vredenburg	West Coast Private Hospital	5808979	LIFE	Limited Disciplines Hosp
Worcester	Worcester Medi-Clinic	5808006	MC	General Hospital

DISCIPLINE COVER

Town	Hospital	Prac No.	Group	Description
Cape Town	SANCA Western Cape	0053864	IND	Psychiatry
Cape Town	Ramot Centre	0051233	IND	Psychiatry
Cape Town	Claro Clinic	164496	NHN	Psychiatry
Cape Town	Tijger Clinic	0062251	NHN	Psychiatry
Cape Town	Tyger Valley Clinic	0498289	NHN	Psychiatry
Cape Town	Gardens Neuro Clinic	5500028	IND	Psychiatry
Cape Town	Cape Eye Hospital	5709083	NHN	Ophthalmology
George	George Surgical Centre	472522	NHN	Ophthalmology
Paarl	Sereno Clinic	0213055	NHN	Psychiatry
Strand	Medsac Private Hospital (Psych)	0364282	NHN	Psychiatry
Worcester	Toevlug	0043583	IND	Psychiatry
Worcester	Pines Clinic	31976	NHN	Psychiatry

 086 000 2378

 service@bestmed.co.za

 012 472 6500

 www.bestmed.co.za

 @BestmedSocial

 [www.facebook.com/
BestmedMedicalScheme](http://www.facebook.com/BestmedMedicalScheme)

 www.youtube.com/user/bestmed11

 www.linkedin.com/company/bestmed/

CLAIMS

Tel: 086 000 2378

E-mail: service@bestmed.co.za (queries)
claims@bestmed.co.za (claim submissions)

ER24 (EMERGENCY EVACUATION)

Tel: 084 124

INTERNATIONAL TRAVEL COVER (BRYTE)

Tel: 0860 329 329 / 084 124

E-mail: er24@brytesa.com

Claims: travelclaims@brytesa.com

MATERNITY CARE

Tel: 012 472 6243

E-mail: maternity@bestmed.co.za

WALK-IN FACILITY

Block A, Glenfield Office Park,
361 Oberon Avenue,
Faerie Glen, Pretoria, 0081, South Africa

POSTAL ADDRESS

P. O. Box 2297, Arcadia,
Pretoria, 0001, South Africa

HOSPITAL AUTHORISATION

Tel: 080 022 0106

E-mail: authorisations@bestmed.co.za

CHRONIC MEDICINE

Tel: 086 000 2378

E-mail: medicine@bestmed.co.za

Fax: 012 472 6760

BESTMED HOTLINE, OPERATED BY KPMG

Should you be aware of any fraudulent, corrupt or unethical practices involving Bestmed, members, service providers or employees, please report this anonymously to KPMG.

Hotline: 080 111 0210 toll-free from Telkom lines

Hotfax: 080 020 0796

Hotmail: fraud@kpmg.co.za

Postal: KPMG Hotpost at BNT 371
P. O. Box 14671,
Sinoville, 0129,
South Africa

bestMed
personally yours