

## BESTMED'S 2020 BENEFIT ENHANCEMENTS

We are very pleased to announce that our annual increase remains a single digit percentage at **8.9%** across all options.

**Average increase: 8.9%**

Beat1	Beat1N	Beat2	Beat2 N	Beat3	Beat3 N	Beat4
8,9	8,9	8,9	8,9	8,9	8,9	8,9

Pace1	Pace2	Pace3	Pace4	Pulse1	Pulse2
8,9	8,9	8,9	8,9	8,9	8,9

## What's new?

### Limits and Sub-limits

All limits and sub-limits have been increased by **5.2%** across all options.

### Mammary Surgery

Mammary surgery has been included as a benefit paid from the Scheme risk to the limit of **R35 000** for the symmetrising surgery of the unaffected breast on breast cancer patients. This benefit has been included for the options below:

- Pace2
- Pace3
- Pace4
- Pulse2

### Diabetes Primary Care Consultation

Two (2) Diabetes Primary Care Consultations have been added to out-of-hospital benefits at 100% Scheme tariff. This benefit is subject to the following:

- Registration with HaloCare, our Diabetes disease management DSP
- Consultation at Dis-Chem pharmacies

### Bestmed Wellness Programme

## Tempo

Tempo benefits have also been made accessible to all **adults from the age of 18 years old**, enhanced from the previous starting age of 21 years old.

## Preventative care updates

### Female contraceptive

The annual contraceptive benefit has been increased by **5.2%** to **R 2 205 per female beneficiary per year** across all options and is no longer a family limit. This benefit was previously limited to R 2 096 per family.

### Mammogram

Mammograms have been included for Females 40 years and over, every 24 months, on the options below:

- Beat2
- Beat2 Network
- Beat3
- Beat3 Network

### Prostate-Specific Antigen (PSA) Screening

PSA Screening have been included for Males 50 years old and over, every 24 months, on the options below:

- Beat2
- Beat2 Network
- Beat3
- Beat3 Network
- Pace1

## Co-payments

Co-payments for the voluntary use of non-DSP hospitals increased to **R 11 309**.

### Maternity benefits

Maternity benefits have been added to the options listed below, under the Bestmed Tempo (Wellness) programme:

- Beat1
- Beat1 Network
- Beat2
- Beat2 Network

These benefits include:

**Six (6) antenatal consultations** at either a Gynaecologist, General Practitioner or Midwife.

**10 to 12 weeks**

Ultrasound	Practitioner	Frequency
2D ultrasound scan: 1 <sup>st</sup> trimester	Gynaecologist or General Practitioner or Radiologist	1

**20 – 24 weeks**

Ultrasound	Practitioner	Frequency
2D ultrasound scan: 2 <sup>nd</sup> trimester	Gynaecologist or General Practitioner or Radiologist	1

**Beat updates****Beat1****2020 subscription increases:**

Beat1 Non-network	2020 Subscription
Principal member	R 1 617
Adult dependant	R 1 255
Child dependant	R 680
Beat1 Network	2020 Subscription
Principal member	R 1 454
Adult dependant	R 1 130
Child dependant	R 612

**Beat2**

- The co-payment for in-hospital endoscopic investigations is increased to R 3 619
- Sunscreens, vitamins and minerals can now be claimed from the annual saving account as part of the over the counter (OTC) benefit
- Maternity benefits have been added to this option
- Mammograms and PSA screening has been added to the preventative care benefits for this option
- All limits and sub-limits have been increased by 5.2%
- Refractive eye surgery will be covered

**2020 subscription increase:**

Beat2 Non-network	2020 Subscription
Principal member	R 1 976
Adult dependant	R 1 534
Child dependant	R 832
Beat2 Network	2020 Subscription
Principal member	R 1 778
Adult dependant	R 1 381
Child dependant	R 748

**Beat3**

- The co-payment for in-hospital endoscopic investigations is increased to R 3 619
- Sunscreens, vitamins and minerals can now be claimed from the annual saving account as part of the over the counter (OTC) benefit
- Mammograms and PSA screening has been added to the preventative care benefits for this option
- All limits and sub-limits have been increased by 5.2%

**2020 subscription increase:**

Beat3 Non-network	2020 Subscription
Principal member	R 2 997
Adult dependant	R 2 130
Child dependant	R 1 157
Beat3 Network	2020 Subscription
Principal member	R 2 697
Adult dependant	R1 918
Child dependant	R 1 043

**Beat4**

- All limits and sub-limits have been increased by 5.2%
- OTC benefit from Beat 4 has been increased from R 550 to R 650. Sunscreens, vitamins and minerals with nappi codes on Scheme formulary can also be claimed from this benefit
- PET scan included as part of out of hospital specialised diagnostic imaging

**2020 subscription increase:**

Beat4	2020 Subscription
Principal member	R 4 685
Adult dependant	R 3 869
Child dependant	R 1 158

**Pace updates****Pace1**

- All limits and sub-limits have been increased by 5.2%
- OTC benefit has been increased from R 550 to R 650. Sunscreens, vitamins and minerals with nappi codes on Scheme formulary can also be claimed from this benefit
- PSA screening has been added to the preventative care benefits for this option

**2020 subscription increase:**

Pace1	2020 Subscription
Principal member	R 3 930
Adult dependant	R 2 760
Child dependant	R 992

**Pace2**

- All limits and sub-limits have been increased by 5.2%
- OTC benefit has been increased from R 550 to R 650. Sunscreens, vitamins and minerals with nappi codes on Scheme formulary can also be claimed from this benefit
- Mammary surgery - benefit 100% of Scheme tariff up to R35 000 for symmetrising surgery on breast cancer patients for the un-affected breast

**2020 subscription increase:**

Pace2	2020 Subscription
Principal member	R 5 566
Adult dependant	R 5 458
Child dependant	R 1 227

### Pace3

- All limits and sub-limits have been increased by 5.2%
- OTC benefit has been increased from R 550 to R 650. Sunscreens, vitamins and minerals with nappi codes on Scheme formulary can also be claimed from this benefit
- Mammary surgery - benefit 100% of Scheme tariff up to R35 000 for symmetrising surgery on breast cancer patients for the un-affected breast

#### 2020 subscription increase:

Pace3	2020 Subscription
Principal member	R 6 390
Adult dependant	R 5 144
Child dependant	R 1 099

### Pace4

- All limits and sub-limits have been increased by 5.2%
- OTC benefit has been increased from R 550 to R 650. Sunscreens, vitamins and minerals with nappi codes on Scheme formulary can also be claimed from this benefit
- Dystonia added as a non-CDL condition
- Addition of insulin pump and consumables are covered. Limits apply
- Mammary surgery - benefit 100% of Scheme tariff up to R35 000 for symmetrising surgery on breast cancer patients for the unaffected breast

#### 2020 subscription increase:

Pace4	2020 Subscription
Principal member	R 7 983
Adult dependant	R 7 983
Child dependant	R 1 870

## Pulse updates

### Pulse1

- All limits and sub-limits have been increased by 5.2%
- OTC benefit has been increased from R 350 to R 368. Sunscreens, vitamins and minerals with nappi codes on Scheme formulary can also be claimed from this benefit

- Refractive eye surgery will be covered (PMB)
- Income levels have remained the same

### 2020 subscription increase:

Pulse 1 R 0 – R 5 500	2020 Subscription
Principal member	R 1 626
Adult dependant	R 1 545
Child dependant	R 978
Pulse 1 R 5 501 – R 8 500	2020 Subscription
Principal member	R 1 953
Adult dependant	R 1 856
Child dependant	R 1 172
Pulse 1 R 8 501>	2020 Subscription
Principal member	R 2 344
Adult dependant	R 2 109
Child dependant	R 1 172

### Pulse2

- All limits and sub-limits have been increased by 5.2%
- OTC benefit has been increased from R 550 to R 579. Sunscreens, vitamins and minerals with nappi codes on Scheme formulary can also be claimed from this benefit

### 2020 subscription increase:

Pulse2	2020 Subscription
Principal member	R 5 770
Adult dependant	R 5 770
Child dependant	R 1 371

Bestmed continues to prioritise the health status of its members through our personalised and customer-focused services to all members aligned with its brand promise: **Personally Yours.**