



Procedure specific Hospital Co-payments 2020

30 % co-payment on the hospital account should a member make voluntary use of a non-DSP hospital for pre-planned procedures, including endoscopic procedures.

Procedure	Platinum	Gold	Silver	Equilibrium	Origin	Essence
Functional Nasal surgery	R0	R0	R0	R0	R0	R0
Umbilical hernia repair	R0	R0	R0	R0	R0	R0
Dental procedures	R1 640	R1 640	R1 640	R1 640	R1 640 (wisdom)	No benefit
MRI/CT Scan	R1 000	R1 000	R1 000	R1 000	R1 000	R1 000
Hymenectomy	R0	R0	R0	R0	R0	R0
Circumcision (medically indicated)	R0	R0	R0	R0	R0	R0
Endometrial ablation	R0	R0	R0	R0	R0	R0
Excision of nail bed / removal of skin lesions	R0	R0	R0	R0	R0	R0
Myringotomy (Grommets)	R0	R0	R0	R0	R0	R0
Adenoidectomy and/or Tonsillectomy	R0	R0	R0	R0	R0	R0
Gastroscopy and/or Colonoscopy	R0	R0	R0	R0	R0	R0
Sigmoidoscopy	R0	R0	R0	R0	R0	R0
Cystoscopy	R0	R0	R0	R0	R0	R0
Hysteroscopy	R0	R0	R0	R0	R0	R0
Arthroscopy	R0	R0	R0	R0	R0	R0
Laparoscopy (Diagnostic)	R0	R0	R0	R0	R0	R0
Varicose vein surgery	R0	R0	R0 (PMB only)	R0 (PMB only)	R0 (PMB only)	R0 (PMB only)
Facet joint injections	R0	R0	R0	R0	R0 (PMB only)	R0 (PMB only)
Hysterectomy	R0	R0	R0	R0	R0	R0
Rhizotomy	R0	R0	R0	R0	R0 (PMB only)	R0 (PMB only)
Reflux surgery (incl. Hiatal hernia)	R0	R0	R0 (PMB only)	R0 (PMB only)	R0 (PMB only)	R0 (PMB only)
Back surgery (incl. spinal fusion)	R0	R0	R0	R0	R0 (PMB only)	R0 (PMB only)
Joint replacements	R0	R0	R0	R0	R0 (PMB only)	R0 (PMB only)

This is a summary of the procedure-specific co-payments per benefit option for 2020. In the event of a dispute, the registered Rules of the Scheme will apply as registered with the Registrar of Medical Schemes.

It's a simple game when you know the rules!

KeyHealth keeps its members informed, enabling you to get the best out of your medical scheme.



KeyHealth: Learning & Development

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Explanation of procedures:

(Source: Wikipedia)

Procedure	Description
Varicose vein surgery	Varicose veins are <u>veins</u> that have become enlarged and tortuous. Varicose vein surgery is surgery to remove varicose veins.
Umbilical hernia repair	An acquired umbilical hernia directly results from increased intra-abdominal pressure caused by <i>obesity, heavy lifting, a long history of coughing, or multiple pregnancies</i> . Umbilical hernia repairs are surgery to repair an <u>umbilical hernia</u> . An umbilical hernia is a sac (pouch) formed from the inner lining of your belly (abdominal cavity) that pushes through a hole in the abdominal wall at the belly button.
Facet Joint Injections	The joints of the spine are referred to as the facet joints. If the joints become painful due to arthritis, injury, or mechanical stress, they can cause pain in various areas. The lumbar facet joints can cause pain in your lower back, hip, buttock, or leg.
Functional Nasal Surgery	The mainstay in the surgical treatment of <u>sinusitis</u> and <u>nasal polyps</u> , including bacterial, fungal, recurrent, acute and chronic sinus problems. The primary goal of functional nasal surgery is to create open and even passageways on both sides of the nose
Hysterectomy	The <u>surgical</u> removal of the <u>uterus</u> , usually performed by a <u>gynaecologist</u> .
Rhizotomy	A rhizotomy is a term chiefly referring to a <u>neurosurgical</u> procedure that selectively severs problematic <u>nerve roots</u> in the <u>spinal cord</u> , most often to relieve the symptoms of <u>neuromuscular</u> conditions such as <u>spastic diplegia</u> and other forms of spastic cerebral palsy
Reflux Surgery	Chronic symptoms or <u>mucosal</u> damage caused by stomach acid coming up from the <u>stomach</u> into the <u>esophagus</u> . A typical symptom is <u>heartburn</u> . Reflux surgery is surgery to correct a problem with the muscles at the bottom of the esophagus (the tube from your mouth to the stomach). Problems with these muscles allow <u>gastroesophageal reflux disease</u> (GORD) to happen.
Back Surgery (including spinal fusion)	Spinal fusion, also known as spondylodesis or spondylosyndesis, is a <u>surgical technique</u> used to join two or more <u>vertebrae</u> . Supplementary bone tissue, either from the patient (autograft) or a donor (<u>allograft</u>), is used in conjunction with the body's natural bone growth (<u>osteoblastic</u>) processes to fuse the vertebrae. Fusing of the spine is used primarily to eliminate the <u>pain</u> caused by abnormal motion of the vertebrae by immobilizing the faulty vertebrae themselves, which is usually caused by degenerative conditions. However, spinal fusion is also the preferred way to treat most spinal deformities, specifically <u>scoliosis</u> and <u>kyphosis</u> .
Joint Replacements	Corrective surgical procedures to replace worn, damaged and diseased joints (e.g. Hip joints, knee joints, shoulder joints, finger joints etc.).
Contraceptive devices (e.g. Mirena)	The intrauterine device (IUD) with progestogen is a hormonal intrauterine device classified as a long-acting reversible contraceptive method. It is one of the most effective forms of birth control. In addition to birth control, hormonal IUD are used for prevention and treatment of: Menorrhagia (heavy periods), Endometriosis and chronic pelvic pain, Adenomyosis and Dysmenorrhea, Anemia.