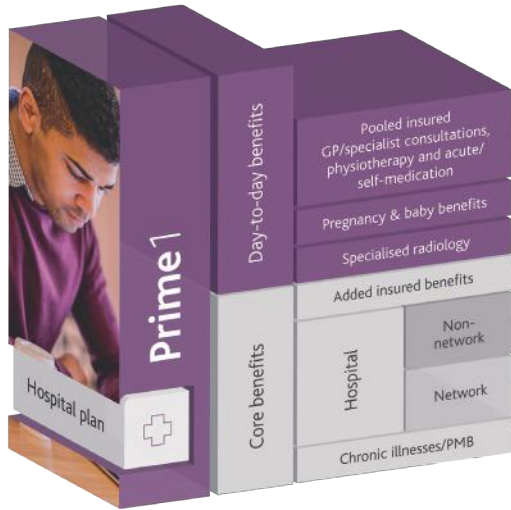


# Prime 1 product summary

This is a summary of the Prime 1 hospital plan. On this affordable option, you only pay for two children younger than 18 years after which child dependant rates will apply from the beginning of the year following the year in which they turn 18, until they are 26 years old. Older children pay child dependant rates until they are 26 years old.



## Prime 1N Hospital plan

This highly affordable hospital plan offers a network of 113 private hospitals at a discount of 22%. You get cover for hospital admissions, minor day-to-day medical expenses and added insured benefits, such as pregnancy consultations and flu immunisation.

Principal member		R1 488
Dependant		R1 212
Child dependant <26 years		R450

The monthly contribution does not take any employer subsidy into account

## Prime 1 Hospital plan

This hospital plan is ideal if you are healthy and want access to private healthcare at an affordable price, with hospital cover at any private facility and cover for, minor day-to-day medical expenses and added insured benefits, including pregnancy consultations and flu immunisation.

Principal member		R1 902
Dependant		R1 566
Child dependant <26 years		R576

The monthly contribution does not take any employer subsidy into account

## Core benefits



### Chronic illness/PMB

- 100% of the cost for 270 PMB and 26 chronic conditions (DSPs, formularies, networks, protocols and pre-authorisation apply)
- Unlimited cover for trauma that necessitates hospitalisation



### Emergency transport (Netcare 911)

**In country of residence**  
(RSA, Lesotho, Swaziland, Mozambique, Namibia & Botswana)  
Unlimited (road and air transport)

### Outside country of residence

- Transport:
- Road - R1 950 per case
  - Air - R13 000 per case



### Hospitalisation

100% of the MT  
Non-network: any private hospital  
Network: 113 quality private network hospitals



### Specialised radiology

- In and out of hospital
- MRI and CT imaging
    - 100% of the MT
    - Unlimited (see deductibles)
  - Angiography
    - 100% of the MT
    - Unlimited



### Psychiatric treatment

R18 400 per beneficiary per year  
(maximum R27 800 per family per year)



### Oncology (in and out of hospital)

- PMB - 100% of the MT
- Non-PMB - R200 000 per family per year



### Confinement (childbirth)

- In hospital - 100% of the MT
- Home delivery - R12 400 per event

### Prostatectomy

- Conventional/laparoscopic procedure - unlimited
- Robotic assisted laparoscopy - hospitalisation: R105 400



### Organ transplants

- 100% of the cost
- Cornea implants - R27 400 per implant per year



### Other core benefits

Renal dialysis, oxygen, hospice, sub-acute care and private nursing services as an alternative to hospitalisation



# Core benefits

## continued



### Post-hospital care

Up to 30 days after discharge for speech therapy, occupational therapy and physiotherapy

Member = R1 750 per year

Member+ = R2 400 per year



### Prostheses benefits

- Health-essential functional prosthesis: R21 900
  - Hip, knee and shoulder replacements (non-PMB):
    - Acute injuries where replacement is the only treatment option
  - Hospitalisation: 100% of the MT
  - Prosthesis: Health-essential functional prosthesis benefit applies (Wear and tear: no benefits)
- Intra-ocular lenses – R3 950 per lens, 2 lenses per beneficiary per year, health-essential functional prosthesis benefit applies
- EVARS prosthesis - R32 900
- Vascular/cardiac prosthesis - R32 900
- Prosthesis with reconstructive or restorative surgery and external breast prostheses (in and out of hospital) - R4 050 per family per year

# Added insured benefits

These benefits are provided in addition to other insured benefits and available annually unless otherwise indicated



### Women's health

- A pap smear requested by a medical doctor
- A mammogram requested by a medical doctor for women 40 years and older
- A flu vaccination at Clicks/Dis-Chem pharmacy clinics



### Enhanced maternity benefits

- Free registration for and participation in the Medihelp HealthPrint pregnancy and baby programme with support and baby goodies
- Up to 12 antenatal and postnatal consultations per family at a gynaecologist, GP or midwife
- One amniocentesis screening per pregnancy
- Two 2D ultrasound scans per family
- Flu vaccination during your pregnancy at Clicks/Dis-Chem pharmacy clinics



### Child benefits

- Child flu vaccination at Clicks/Dis-Chem pharmacy clinics
- Babies under a year receive two additional visits to a GP or specialist
- Full schedule of standard child immunisations covered up to 7 years at Dis-Chem/Clicks pharmacy clinics



### Routine screening and immunisation benefits

Available at Clicks/Dis-Chem pharmacy clinics per person:

- One combo test (blood glucose, cholesterol, BMI and blood pressure measurement) or individual blood glucose or cholesterol test
- HIV testing, counselling and support
- A tetanus vaccine
- Two HPV vaccinations for boys and girls between 10-14 years, and three between 15-26 years.



### Men's health

- A prostate test (PSA level) requested by a medical doctor for men 40 years and older
- A flu vaccination at Clicks/Dis-Chem pharmacy clinics



### Additional screenings and immunisation for over 50s

- An FOBT test for people over 50 years
- Women over 50 years have access to one bone mineral density test requested by a medical doctor
- A Pneumovax vaccine in a 5-year cycle per person older than 55 years and registered on Medihelp's asthma/COPD programme
- A flu vaccination at Clicks/Dis-Chem pharmacy clinics



### Supporting wellness

#### Maintain a healthy weight

- Free registration for and participation in Medihelp's HealthPrint BMI programme
- One dietician consultation per registered HealthPrint member if a BMI test result done at Clicks/Dis-Chem indicates a BMI higher than 30

#### An alternative to surgery

- Back treatment at a Document-Based Care facility for patients who qualify for this benefit

#### Chronic Care programme

- People who suffer from high blood pressure, high cholesterol and diabetes simultaneously have access to Medihelp's Chronic Care programme, which will provide personal support through a care coordinator to assist in maintaining and optimising their well-being

# Day-to-day benefits

## Insured day-to-day benefits

Member = R1 150 per year

Member+ = R2 300 per year

GP and specialist consultations, physiotherapy, acute medicine and self-medication, including visits to emergency units.



## Medicine

### PMB chronic medicine

Non-network option

- 100% of the MHRP

Network option

- 100% of the MHRP (DSP and formulary apply)



## Dental

Subject to DSP's managed care protocols

- Dental procedures under conscious sedation in the dentist's chair (sedation cost) for the removal of impacted teeth only (dentist's account - item codes apply)  
100% of the MT



## External prostheses and medical appliances (in and out of hospital)

- Benefit per family per 3-year cycle:
  - Artificial eyes - R4 500
  - Wheelchairs - R4 500
  - Speech and hearing aids - R4 500
  - Artificial limbs - R4 500
- CPAP apparatus - R9 250 per beneficiary per 24-month cycle

## Procedure-specific deductibles (payable by the member)

- **Back and neck fusion** – R11 100 per admission
- **Endoscopic procedures** – gastroscopy, colonoscopy, arthroscopy and sigmoidoscopy
  - In a day clinic – R2 000, in hospital – R3 050
- **Specialised radiology** – R1 600 per examination
- **Dental procedures under general anaesthesia during hospitalisation**
  - Removal of impacted teeth (item codes apply on dentist's account) and extensive dental treatment for children <5 years (dentist's account for member's account) – R3 000 per admission

BMI-Body mass index | COPD-Chronic obstructive pulmonary disease | CPAP-Continuous positive airway pressure  
CT-Computerised tomography | DSP-Designated service provider | EVARS-Endovascular aortic replacement surgery-  
FOBT-Faecal occult blood test | GP-General practitioner | HPV-Human papilloma virus | MHRP - Medihelp Reference Price  
MMAP - Maximum Medical Aid Price | MRI-Magnetic resonance imaging | MT-Medihelp tariff paid by Medihelp for benefits  
which can include a contracted tariff or the single exit price | PMB-Prescribed minimum benefits

# HealthPrint

HealthPrint is a free wellness programme available to all Medihelp members which offers:

- Pregnancy and baby programme (newsletters, free goodies and value at HealthPrint's partner)
- Weight loss support programme
- Medihelp MultiSport – a club for runners and cyclists with a free joining pack and club support at selected events (club joining fee applies)
- Free entries to Medihelp sponsored cycling and running events
- Discount on a selection of short-term financial and wellness products
- Complete online health questionnaires to determine mental/physical health and receive newsletters based on your results
- Access to health tips
- Detailed history of claims and preventive care test results and ability to share/forward it to your doctor

# At your service

Through our various platforms, Medihelp ensures consistent interactive engagement and service delivery:

- Web chat on Medihelp website
- Member app
- Secured site for members
- Call Centre
- Email us
- Write to us
- Engage with us on social media

086 0100 678 | [www.medihelp.co.za](http://www.medihelp.co.za)

## Important:

This is only a summary of the available benefits. Please consult the registered Medihelp Rules for more information and details of services that are excluded from benefits. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes).

- Certain added insured benefits are not available if you have been registered for a chronic/PMB condition as it is no longer considered as preventive care and may be linked to a specific age/gender/item code/clinical validity criteria. Benefits are paid at 100% of the MT.
- Doctor's consultation paid from available day-to-day benefits.
- Subject to pre-authorisation and/or protocols
- Generic medicine = 100% of MMAP | Original medicine - no generic available = 80% of MT | Choose original medicine - generic is available = 70% of MMAP