

Why health solutions from Momentum?

+ Momentum Health members can choose to make use of additional products available from Momentum Group, a division of MMI Group Limited (Momentum), to seamlessly enhance their medical aid. These voluntary complementary products range from a world-class wellness and rewards programme, Multiply, to the innovative HealthReturns solution. These complementary products are not medical scheme benefits. Momentum is not a medical scheme, and is a separate entity to Momentum Health. You can be a member of Momentum Health without taking any of the complementary products that Momentum offers.



1. Provider Choice

SAVE more than R1 000 per month (over 40%) on your contribution - without sacrificing any benefits.



2. Health Platform

Health assessments, dental and GP check-ups, maternity benefits and more all paid by the Scheme - NOT from your Savings.



3. HealthReturns

The only free incentive programme that rewards members for taking ownership of their health and being active.

If combined with Multiply and HealthSaver, you can earn up to R3 000 per family per month.



Earn more with KidsReturns, enabling families to be active together from an early age.



4. HealthSaver

You can choose to save for specific day-to-day healthcare needs, when you want to, and as much as you want to.

The HealthReturns you can earn and receive into your HealthSaver account, can be used to:

- pay for education expenses
- boost your retirement funds
- instantly pay providers via the Multiply Visa® Card.



5. Multiply Visa® Card

Instant access to your HealthSaver funds at point of purchase at doctors, pharmacies and even vets!



6. Multiply

Momentum's wellness and rewards programme with cashbacks and discounts from a range of partners and on the Multiply online shop.



7. Momentum app

App providing on-the-go access to all your Momentum products in one place.

